



St. Mark – Ocean Park Anglican Church

12953 20TH Ave., Surrey, BC, V4A 1Z1, Tel: 604-535-8841 email office@stmarkbc.org, www.stmarkbc.org

E-PULSE NEWSLETTER OF ST. MARK OCEAN PARK JULY 11, 2021

Reverend Billy's email address is: stmarks.op.rector@gmail.com

People wishing to meet with Rev. Billy are directed to this email to make an appointment to see him. Those with no access to email can call the Church Office to make an appointment: 604.535.8841

Pastoral Letter Attached – Please read Reverend Billy's letter that addresses the re-opening.

We continue to:

- LIVE STREAMING our Sunday Worship.
- **To access the online Service:** Log onto the Church's website: www.stmarkbc.org Go to the page that opens, click on where it says: "St. Mark Ocean Park Online Sunday Worship Services" alternatively you can use this link:
tinyurl.com/St-Mark-Online-Video-Channel
OR
<https://www.youtube.com/watch?v=W8dCqYrh-8E>
- If you would like to watch or listen to **some of our older Services** you may go into the archives of your YouTube services through our Parish website at: www.stmarkbc.org

SAVE THE DATE

We will be officially welcoming Reverend Billy next Sunday, July 18. There will be a drive-thru event where people can greet our new Rector in front of the church, after the service, at 11am. (Thank you, in advance, to our wonderful Men's Club for setting this up.) At 1:30pm, Rev. Billy, family and a few guests will then be escorted, parade-style, throughout the parish as passengers in 2 Morgans, provided and driven by Ken and Pat Miles, and a couple of zippy sports cars driven by Margot McDermott and Garry Macintosh. Along their route, they will make stops at several Retirement and Care homes to meet our parishioners. Finally, at about 3:15 pm a stop will be made at Fun Fun Park to meet the Youth Group and Sunday School children (icy cold juice boxes for all!)

Please keep this event in your prayers and we are looking forward to seeing everyone again.

Update Regarding the PWRDF Vaccine Equity Fund

We're sharing God's love with those far and wide!

June 30, 2021 total in this fund to share Covid 19 Vaccines **\$1,640.00**

The Men's Club Salmon Bar BQ is scheduled to be held on Sat. Sept. 18 at 5:30 pm. Save the date. More information and tickets will be available by Aug. 10.

A Quick Look Ahead resumes next week. If your group is planning an event before the end of October, we would like to add it to A Quick Look Ahead.

PRAYER CHAIN – The Coordinator is Michael Weller. He may be reached at 604.538.9334, or by email at weller301@shaw.ca. Prayer requests are generally prayed for by the members of the chain for two weeks, and may also be updated for a longer duration as needed.

READINGS FOR NEXT WEEK'S SERVICE – July 18 – Eighth Sunday After Pentecost
2 Samuel 7:1-14, Psalm 89:20-37, Ephesians 2:11-22, Mark 6:30-34, 53-56

FLOWERS FOR THE ALTAR - are given today in loving memory of Bill and Kay Foley by Sue Foley-Currie, daughter Katie and Cam and grandson Andrew.
Flowers are also given by Margot McDermott in memory of her brother Walter Gooder and to the glory of God.

WANT TO BE INCLUDED IN SUNDAY INTERCESSIONS? If so please contact the Office at 604.535.8841 OR call or email Michael Klaver: 604.541.9598 klaverfamily@shaw.ca

THE LUNCH BASKET FOR HUNGRY CHILDREN – is provided this week by Betty-Ann and Ian Bainbridge to the Glory of God and in thanksgiving for the ability to reunite in person again with our children and grandchildren.



?? Have a Spare Hose Reel??

We could use both a wall mounted one and a free standing one to save much lifting and dragging of hoses to the back 40!!

THE LUNCH BASKET FOR HUNGRY CHILDREN provides funding for lunches to five single Mothers and nine children. Please help support these families by choosing a 2021 date (see chart below) to support these families and have a dedication in the weekly E Pulse. Email or phone Darlene W. or Barb G. with your dedication. The suggested donation of \$60 can be made by e-transfer, the Donation Station, or by dropping off a cheque in the mailbox at the church office.

July 18	Don Boyd and Patti Thorne
July 25	Kathy Chambers

August 1	
August 8	Morny White
August 15	Brenda Horner and Ron Henze
August 22	
August 29	

September 5	Patti Thorne and Don Boyd
September 12	Geoff and Heather Higginson
September 19	Ann Thiessen
September 26	

Thank you to those who have made donations for our flowers.

Below are charts for June, July and August. If you would like to offer flowers for the sanctuary those months, in Memory of a Loved One, in Thanksgiving for a birthday or Anniversary we would very much appreciate it. The Altar Guild is willing to purchase the flowers and have them arranged.

Please contact Kathryn Smith at 604-560-1455 or e-mail hkmasmith@shaw.ca

DATE	NAME
July 18	Brenda Horner
July 25	Barb Grantham

August 8	
August 15	
August 22	Douglas and Pam Brown
August 29	

September 5	
September 12	
September 19	
September 26	

**Christmas on the Peninsula Society brings you LIVE MUSIC
by *The Crescent Sky* for **A Night of Summer Delight****

Sit back and relax with some refreshment while listening to the delight-filled music of this talented band in a backyard lawn surrounded by forest in South Surrey. You see almost all of the Virtual Silent Auction items at each event, and bid through an app (link to be added when bidding opens) for the weeks before the event through until the night of July 24th at 9pm when bidding will close.

One of the auction items is a 2-hour ride in Ken Miles 1969 Morgan. You will be able to bid on items without being at the Saturday concert; we will arrange for delivery for your items if you are not present that night. You will also receive a s'mores kit for a sweet bite of summer with your ticket price. You will receive ticket, location, and parking directions after your ticket purchase. We will continue through rain or shine in the open air, so bring a golf umbrella if it rains, and we will set up several propane firepits if you get chilly. Blankets will be available to borrow Order tickets through Eventbrite:

<https://www.eventbrite.ca/e/a-night-of-summer-delight-featuring-the-crescent-sky-tickets-160230811671> Auction link: https://app.galabid.com/cotp_virtual_auction/items



Parish of St. Mark – Ocean Park Anglican Church

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Reopening plan for St. Mark's Ocean Park as per Public Health Order and the Rt. Rev. Stephen's Pastoral letter.

Grace and peace to you in our Lord Jesus Christ,

Friends this week we have been informed by the Rt. Rev. John Stephen's in his pastoral letter (which can be accessed here <https://www.vancouver.anglican.ca/news/bishops-pastoral-letter-on-re-opening-july-5-2021>)

that we have been given the green light to return to in-person worship with minimal restrictions in place.

Although some of us might be eager to return to "a normal" service and for others more hesitant to return to a normal way of being church, it is important for you to know that it is okay to feel either way and to make the best decision for you and loved ones during these times. With that said, Bishop John's letter states that it is up to each parish to be sensitive to the pastoral situation in how we will gather as a faithful communion in Christ. In my opinion, we must remember that even if you have received both vaccines, the vaccine doesn't make you immune from being a carrier nor spreading COVID-19 to others. So we would offer a return to in-person services with the following considerations and recommendations:

1. *We strongly encourage continued mask use.* The rationale for this is simply about loving our neighbour and ensuring that we are not just protecting ourselves but each other. Some people are not fully vaccinated yet and are awaiting to do so. Although it may seem like an inconvenience, it is one of the best and simplest practices that has gone a great way to protect each other during this pandemic. In addition, it will help to ease the idea of closing the social distance gap with each other that we have become accustomed to.
2. Pre-Registration is no longer necessary.
3. Greeters and welcomers should wear masks.
4. Readers, prayers of the people and cantor (lead singer) are allowed to remove their mask to perform their ministry.
5. Before Eucharist people will be encouraged to sanitize their hands. This is both for the protection of those receiving communion, myself and for my family.

6. Congregational singing is permitted. We strongly encourage you to do this with a mask on.
7. There is no longer a requirement for contact tracing.
8. Washrooms are available.
9. Regarding social time, we will consider doing this in September in stages (more information will be released when the time draws near). The rationale for this is that it will be a big task to reorganize the church to pre covid order. Also it will give those who have worked tirelessly to ensure your care and safety during this pandemic some much deserved rest.

As prescribed by the Rt. Rev. John Stephens:

1. During the liturgy there is to be no shaking hands with the exception with the same household. At the sign of peace, nodding and bowing are allowed and encouraged.
2. Communion will be administered in one kind (Bread only with exception made for the priest).
3. Offertory plate will not be passed around.

A few notes for those who are uncomfortable to attend and for those unable to attend in person worship services.

1. We will continue to offer online services for those who are uncomfortable to attend, and for shut-ins (this will be a permanent ministry of the church).
2. July 11, this Sunday, we will open up with most of these new relaxed regulations, but this service will be morning prayer.
3. Beginning July 14 a midweek Eucharist service will be offered weekly for those who are unable or uncomfortable attending the main service. It will be at 10 am (outdoor chapel weather permitting, otherwise indoor weather not permitting).
4. Beginning July 18 Eucharistic Service offered.
5. Beginning July 25 we will run both services 8am (BCP Holy Communion) and 10 am (BAS Holy Communion).
6. Beginning in September the opportunity for Sunday School to recommence and possible social time afterwards. The latter will be done in stages to ease us into a smooth transition of in person social gatherings.
7. For those who want a socially distanced in person pastoral visit or meeting via zoom or phone call, I am available in any desired format for your comfort. I will visit by appointment only.

Additionally, as the presider of the liturgies, I will continue to wear a mask prior and post service and I will avoid shaking hands (just like the sign of peace), elbow bumps are permissible. Lastly, I empathize how this unexpected news has created a lot of feelings and concerns and, yet, I feel that this plan has created enough space for everyone to continue to feel welcome and safe at our church because of the various formats available to be church. I appreciate everyone's support and continued safety and care for each other out of the love of God. Please continue to pray for all who have had their lives impacted by COVID-19.

In Christ's peace,

The Rev. Billy Isenor, OSF+

St Myack's Virtual Coffee Hour Sunday July 11 @ 11 am

Register in advance for this meeting: by emailing the office by Thursday the week preceding the Coffee hour or through the website before 11am Sunday.

After registering you will receive a confirmation email containing information about joining the zoom Sacred Grounds Coffee Hour. If you registered once you are already registered for the following coffee hours.



For those who yearn for intimacy & encounter with God,
SoulStream offers a course in



Living from the Heart offers a learning community that invites participants to deepen their experience of intimacy with Jesus. Biblically speaking, the heart is the very core of life out of which intellect, emotions, and intentions flow. Opening to God's heart of love with our whole heart, especially in our most broken places, brings a healing integration within and provides the courage to offer our lives in loving compassion to the world around us.

Course Content:

- **The Way of the Heart** opens us to encounter God personally, integrates body, soul, mind, and spirit, and helps us live out of who we truly are in Christ.
- **Spiritual Awareness and Receptivity:** We explore ways to become more open to respond to God's presence in all of life and identify what inhibits our receptivity.
- **Spiritual Transformation:** We gain a deep sensitivity to the dimensions of spiritual transformation into Jesus' image, coming to freedom in our deepest truth in God, dealing with the masks we hide behind, and cultivating spiritual practices that support our life in God.
- **Contemplative Prayer and Discernment:** We come to understand that prayer is responsiveness to the active, living presence of the Holy Spirit; learn ancient contemplative practices; and discover how prayer is integrated into all of life and deepens our ability to discern God's will.
- **Contemplative Living:** As Jesus' friends, we are called to love our neighbour, care for the earth, and seek justice. With joy we discover, that our response to the world becomes a natural outflow of contemplative prayer and practice.

Format, Locations and Fees

A weekend/Saturday format is offered in Alberta, BC Lower Mainland and online. The intensive format is offered on Bowen Island, BC.

- Tuition: \$1,450.00 (plus an application fee: \$75)
- Accommodation and meals vary with location.
- All books, travel and cost of personal spiritual direction (10 sessions) not included.

Options for fitting this into your life financially can be discussed with our course administrator.

For more details about dates and accommodation costs go to <https://soulstream.org/courses/>.

Registration Deadline: August 15, 2021

Application forms are available on SoulStream web site <https://soulstream.org/courses/application-for-living-from-the-heart/>.

Questions? Contact Audrey Hoehn, SoulStream administrator

Phone: 604-855-1232 Email: soulstream1@gmail.com

